



# Participant Survey

Please answer the following questions. <u>Your responses are anonymous</u>. Thank you!

MARKING INSTRUCTIONS					
CORRECT:	Incorrect: 🧭 🛇 👄 🖱				

## Lesson 4: Medication Management

1. Did you attend the previous Project DEAP diabetes lessons?								
							Yes	<u>No</u>
	Lesson 1: Understanding Diabetes.			•		•	0	0
	Lesson 2: Controlling Diabetes Throu	gh Nutritior	ı.			•	0	0
	Lesson 3: Get Up and Move			•	•	•	0	0
							Yes	<u>No</u>
2.	Has your doctor told you that you	are pre-dial	petic?					<u>No</u> O
2.	Has your doctor told you that you	are pre-dial are diabetic					0	
2.	Has your doctor told you that you	1	?.				0 0	0

3. For each topic listed below, in the left column, fill in your level of understanding BEFORE the DEAP Program. Then, in the right column, fill in your level of understanding AFTER the DEAP Program.

		BEFORE program				AFTER program			
YOUR LEVEL OF UNDERSTANDING THAT	Poor	Fair	Good	Excellent	Poor	Fair	Good	Excellent	
My awareness of the role of medications in diabetes care.	0	0	0	0	0	0	0	0	
Medications are used to control blood sugar levels for diabetes care/management.	0	0	0	0	0	0	0	0	
Diabetes medications are based on my individual need.	0	0	0	0	0	0	0	0	
I should never share my diabetes medication(s).	0	0	0	0	0	0	0	0	
I should contact my health care provider with questions about my diabetes medication(s).	0	0	0	0	0	0	0	0	
I need to be aware of all medications that I'm taking and their impact.	0	0	0	0	0	0	0	0	



#### 4. Currently, do you exercise at least 30 minutes most days of the week? O Yes O No

#### 5. Check actions or changes you will make.

O Keep a current list of my diabetes medications with me.

O Acquire medical identification i.e., bracelet, chain, card for emergency purposes.

OR

O I will make no changes at this time.

#### 6. You are . . . O Female O Male

7. Your age?	<b>O</b> 18 - 24	<b>O</b> 30 - 34	<b>O</b> 40 - 44	<b>O</b> 50 - 54	<b>O</b> 60 - 64	<b>O</b> 70 - 74
	<b>O</b> 25 - 29	<b>O</b> 35 - 39	<b>O</b> 45 - 49	<b>O</b> 55 - 59	<b>O</b> 65 - 69	<b>O</b> 75+

#### 8. Highest level of education obtained?

O Some high school or less	O Vocational or technical degree	O Bachelor degree
<b>O</b> High school graduate or GED	O Some college	<b>O</b> Post-graduate degree(s)

#### 9. Racial / Ethnic background?

O African American (non-Hispanic)	<b>O</b> Hispanic	<b>O</b> White (non-Hispanic)
O Asian American	O Native American	<b>O</b> Other

### Thank you!

