



Participant Survey

Please answer the following questions. Your responses are anonymous.
Thank you!

MARKING INSTRUCTIONS

CORRECT:  INCORRECT:   

Lesson 6: Complications of Diabetes

1. Did you attend the previous Project DEAP diabetes lessons?

	<u>Yes</u>	<u>No</u>
Lesson 1: Understanding Diabetes.	<input type="radio"/>	<input type="radio"/>
Lesson 2: Controlling Diabetes Through Nutrition	<input type="radio"/>	<input type="radio"/>
Lesson 3: Get Up and Move	<input type="radio"/>	<input type="radio"/>
Lesson 4: Medication Management	<input type="radio"/>	<input type="radio"/>
Lesson 5: Monitoring Your Body	<input type="radio"/>	<input type="radio"/>

	<u>Yes</u>	<u>No</u>
2. Has your doctor told you that you are pre-diabetic?	<input type="radio"/>	<input type="radio"/>
are diabetic?	<input type="radio"/>	<input type="radio"/>
are overweight?	<input type="radio"/>	<input type="radio"/>
have high blood pressure?	<input type="radio"/>	<input type="radio"/>

3. For each topic listed below, in the left column, fill in your level of understanding BEFORE the DEAP Program. Then, in the right column, fill in your level of understanding AFTER the DEAP Program.

YOUR LEVEL OF UNDERSTANDING OF . . .	BEFORE program				AFTER program			
	Poor	Fair	Good	Excellent	Poor	Fair	Good	Excellent
How diabetes can impact parts of the body over time.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Damage can be done to blood vessels in the eye.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Having a doctor check your feet for nerve damage and/or injury.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How smoking contributes to diabetes complications.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The importance of tooth and gum care for diabetes.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The warning signs of heart disease and stroke.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Extent of damage to the heart, eyes, feet, and nerves.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The connection between diabetes, heart disease, stroke, and obesity.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



MARKING INSTRUCTIONSCORRECT:  INCORRECT:    

4. Currently, do you exercise at least 30 minutes most days of the week? ☐ Yes ☐ No

5. Check actions or changes you will make.

☐ Wear shoes at all times.

☐ Have my health care provider monitor my body for diabetes complications.

OR

☐ I will make no changes at this time.

6. You are . . . ☐ Female ☐ Male

7. Your age? ☐ 18 - 24 ☐ 30 - 34 ☐ 40 - 44 ☐ 50 - 54 ☐ 60 - 64 ☐ 70 - 74
☐ 25 - 29 ☐ 35 - 39 ☐ 45 - 49 ☐ 55 - 59 ☐ 65 - 69 ☐ 75+

8. Highest level of education obtained?

☐ Some high school or less

☐ Vocational or technical degree

☐ Bachelor degree

☐ High school graduate or GED

☐ Some college

☐ Post-graduate degree(s)

9. Racial / Ethnic background?

☐ African American (non-Hispanic)

☐ Hispanic

☐ White (non-Hispanic)

☐ Asian American

☐ Native American

☐ Other

Thank you!

